



ASCENSION LUTHERAN
CHURCH & SCHOOL

CONNECTIONS

Connecting all people with Jesus

August 10, 2018 Issue

Come Experience the Power of Grace

CHECK YOUR **SPIRITUAL** **X** **HEALTH**

Whenever you feel sick and go to the doctor, he will check your vital signs. He will take your temperature, your blood pressure, and your heart rate. He will listen to your heartbeat and to your breathing through his stethoscope. He knows what the vital signs of a healthy

body should be and he compares your vital signs with the standard to determine just how sick you really are. In Ephesians 4:14-16, Paul gives us four vital signs of a healthy body. He is especially focused on the health of the whole body, although the individual members must be healthy and growing for the entire body to be strong. Just because someone calls themselves a Christian doesn't mean they are a good representation of Jesus. In fact, all of us who call ourselves Christians fail in different ways to represent the amazing love, grace and purity of Jesus. It should be the goal of every Christian to walk true to the characteristics that Christ would demand in our lives.

What does a healthy Christian look like?



SOMEONE WHO REPRESENTS JESUS WELL... IN A HEALTHY AND TRUE WAY.

1. Peaceful & full of mercy
2. Lives in community with other Christians
3. Lives for the glory of God
4. Is a friend of sinners
5. Is increasing in loving & kindness
6. Feeds on the Word of God
7. Practices God's presence
8. Is joyfully rooted in the Gospel
9. Faithfully endures suffering

MAKE TIME FOR SPIRITUAL WORKOUTS



KEEP YOURSELF IN SPIRITUAL SHAPE



Let us run with patience the race set before us

Run Strong, Finish Well

prayers of the people

We Care and Pray for One Another

HEALTH CONCERNS:

Irene Ahl; Sharon Algar; Bill Amspaugh; Candy Appleby; Richard Ashbaugh; Ronald Ashbaugh; Linda Bennett; Carroll Boettcher; Maun Boettcher; Joel Bott; Julie Brainard; Peggy Jo Brodie; Heidi Buchholz; John & Joan Burns; John Cirelli; Linda Cirelli; Nancy Cowen; Moose Creighton; Amy Dahl; Larry Dahl; Richard Dahl; Dianne Ewald; Ron Fast; Elaine Feller; Rev. Bob Feller; Harriet Feree; Cita Figueroa; Walt Goedecke; Richard Greene; Don Gremel; Bonnie Guiffre; Gizelle Hayes; Jane Heine; Evelyn Horst; Annette Idso; Sue K.; Donna Koelling; Doreen Leikel; Keith Leikel; Philip Lenharth; Chris Lindau; Nancy Maschhoff; Alice Masherella; Shirley Mattausch; Donna McCullough; Tom Mortson; Chris Murphy; Merrill Nelson; Tanner Nelson; Randi Nelson-Shipley; Ben Petersen; Anne Pingo; John Pingo; Betty Plachy; Virginia Potter; Martin Radloff; Shirley Radloff; Antonia Rafter; James Rehbein; Esther Riesen; Darlene Rietz; Brayden Shumaker; LuAnn Sjursen; Julie Stewart; Joyce Sutton; Bud Umphryes; Annie Walsh; Joe Wells; Eleanor Wood; Marie Wood; June Zehe; Cooper; Dan; Dana; Dave

MILITARY:

Chris Bartels (contractor); Isaac Jackson; Tim Mace; Steve Stuenkel

GOD'S BLESSINGS:

We ask God for his continued blessings for Keith & Doreen Leikel as they celebrate 10 years of marriage granted by God's love.

NEEDS:

We pray for those who have needs and circumstances that only God can take care of—especially do we pray for Dave needing guidance for his family situations; for Dana dealing with ongoing physical challenges.



THANKS TO YOU many elderly, disabled, and hard-working families will have peanut butter in their once empty cabinets. Interfaith Community Services and its recipients are very appreciative of your generosity. Please continue to share this month for the Gospel Rescue Mission. God bless you!



Henry Fellows

"The most important is, 'Hear, O Israel, the Lord our God, the Lord is one. Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength.' The second is this: 'Love your neighbor as yourself.'" This was Jesus's answer when asked by a scribe, "Which commandment is the most important of all?"

Like many of you, my wife and I were fortunate enough to know Henry Fellows. I want to thank Lynn Fellows for taking some time to help me know him better. She was both his niece (by marriage) and his neighbor, for many years. She knew him well. Much of the what I'm sharing here is quoted directly from Lynn.

I'm going to share a series of statements to paint a picture of this man: Everything was faith-related. Everything was about loving God and his fellow man. Whatever it was, he turned it over to God and sought His will and His wisdom through His Word. Everything was from God. It was all a blessing. His whole life was his faith. His coffee shop was his ministry. He loved to celebrate with family, and he would invite them to come—and not only family, but neighbors, his cleaning lady and family, and anyone else. He knew that as a Christian, he represented God in the world. At church, he loved the fellowship of coffee time, the one-on-one conversations.

I asked if he had a favorite Bible verse. Instead, he had a favorite saying, and he said it often, "To God be the Glory!"

Why did he leave such a gracious gift to Ascension? Everything came from God, and he was simply returning it. I (Noel) can't help but think of Jesus's parable... *"good and faithful servant."*

How does he want to be remembered? He reached out to others to tell them about Jesus! This was his life.

Lastly, I'm guessing most don't know what Henry did professionally. He was a salesman. He sold washers— yes, the little round metal things.

Martin Luther said, "Possessions are not given that we may rely on them and glory in them but that we use them and enjoy them and share them with others... Our possessions should be in our hands, not in our hearts." The spirit of generosity recognizes that we make a living by what we get, but we make a life by what we give.

Thank you Henry!

Noel Robinson,
Servant of God and Congregational President

MADE NEW

by Lynette Auch, President, National Lutherans For Life

Donna was devastated. Why was this happening? Confused, hurt, and scared, she wondered, "Am I the cause?"

"Did one of my parents find someone else?" All she knew was her parents were getting a divorce, and she had no say about it. Time moved on, and Donna's father remarried. Scars and hurts of divorce still lying fresh within her being, Donna hoped to find love and acceptance from her new stepmother. Instead, Donna was scorned and belittled.

Donna hoped her father would listen to the thoughts of her heart. Sadly, he sided with her stepmother. A huge rift developed between Donna and her father. Donna found herself kicked out of her own home. Wanting to be loved and accepted by someone, she found herself in one bad relationship after another.

Donna cannot do anything to change the heartbreaking events of the past nor the lifestyle she chose. But, Donna can choose either to let the past cripple her and her relationships or to let God heal the past.

"Repent, then, and turn to God, so that your sins may be wiped out, that times of refreshing may come from the Lord."
(Acts 3:19 NIV)

By confessing the hurts and sins and believing in the healing, cleansing blood of Jesus Christ, Donna can be empowered to release the pain and be healed.

"He was wounded for our transgressions, he was bruised for our iniquities: the chastisement of our peace was upon him: and with his stripes we are healed." (Isaiah 53:5 KJV)

"Therefore, there is now no condemnation for those who are in Christ Jesus, because through Christ Jesus the law of the Spirit who gives life has set you free from the law of sin and death."
(Romans 8:1-2 NIV)

Like Donna, anyone can be made new in Jesus Christ. Donna's story, and many stories like hers, is exactly why the life-affirming ministry of Lutherans For Life is so very important. **We share hope! Hope for Life!**



Who?: GriefShare is for those grieving the loss of a loved one.

What?: GriefShare is a 13-week program.

Where?: Ascension Luther Church Chapel

When?: GriefShare sessions begin Wednesday 22, August 2018 from 6 to 8PM.

Why?: GriefShare will help you confront roller coaster emotions, such as: anger, depression, loneliness, and deal with all other aspects of grief.

Resources:

1. Meetings include: Video, Discussion, and Workbook.
2. Daily Devotions by Email.
3. Personal Help Bookstore

Cost: \$15.00 (for Workbook)

Contacts: Ken Nolen knolen@comcast.net

Lee Escobedo lescobed@yahoo.com



Return to the Lord—Joel 2:13 LOOK WHAT THE LORD HAS DONE

When you arrive at a home or business, isn't it nice, when someone immediately acknowledges your arrival? Even better, when they have a smile, introduce themselves, and ask about you, introduce you to new friends, or can tell you where to find the bathrooms or the Adult Bible Study.

That's what the greeters at the Welcome Desk do every Sunday. We are blessed to have several regulars who are at the front door, ready to invite you for coffee and donuts after the service.

Today, we give thanks for these wonderful hospitality folks:

Mary Plisch	Carol Swanson	Carol Scoffin
Paul Bartels	Dee Ponzio	Carole Gray
Jan Soderstrom	Pam & Jerry Frederick	
Walt Henderson	Liz & Bud Koehlinger	
Arleen and Marc Michael		

If your name is not listed above, please contact Derek Barolet, 297-3095 and you will be added to list with joy!

Big Idea: Passing on faith and values to little ones!

Invite your Friends with Little Ones (6 & under). Ask them to bring the whole family

- Free Starter Kit
- Free Activity Kits
- Free Monthly Activities
- Free Table Activities
- Free Training on the Five Faith Promises

This Make Mealtime Family Time Event equips parents/grandparents to be more intentional about passing on faith and values to their little ones (toddlers and younger) by practicing the Five Faith Promises at mealtime and beyond.

SAVE THIS DATE
Preschool Edition Kick Off Event

Sat. Breakfast September 8, 2018
8:45am Registration . 9-10:30am food-n-fun

Parents, Grandparents, Little Ones & Siblings
Bring the Entire Family
\$10 per family for breakfast*
[*\$10 suggested donation optional]

Please RSVP by 9/3/18
520.297.3095 or
church.office@ascensiontucson.org

Ascension Lutheran Church
1220 W Magee Rd, Tucson, AZ

ASCENSION LUTHERAN Church and School
Celebrating 40 Years 1978-2018

My family and I are going to worship and obey the Lord! Joshua 24:15 (CEV)

FOOD COLLECTION MINISTRY FOR AUGUST



During the month of August Ascension collects food for the Women & Children's Center of the Gospel Rescue Mission. While ANY and ALL food donations are appreciated, specific requests include cereal, peanut butter, and single serving sized snacks. Please put your donations in the large bins in the back hallway or entryway.

OUTREACH FOR WOMEN & CHILDREN'S CENTER OF GOSPEL RESCUE MISSION

The weekends of August 4-5 and 11-12 are for Outreach to the Women & Children's Center of Gospel Rescue Mission. They provide emergency shelter and extended shelter for women and their children. They offer recovery programs, children's programs, vocational skills training, and a restoration program and all are Christ centered. They currently have a great need for women's clothing sizes 2X – 5X and also maternity clothes, all sizes. They will be grateful for any personal hygiene items donated also. There will be a labeled box next to the food collection boxes for these items.

MEET NEW FRIENDS! We all enjoy chatting with our friends at Ascension before or after church services. God blesses us loving personal contact. The Seniors who worship at Sin Vacas La Rosa on E. Ina are the same way, loving to see and chat with us who go there for the 11AM service on Sunday mornings. We also hand out bulletins and help some find the right hymn or liturgy during the service, about once every other month. Would you be willing to try it? Contact Ruth Mayer for details, 818-0066 or oledesertrats@comcast.net.

Again this year Ascension will be hosting the Pima County voters. This is a great opportunity for us to serve the general community. They will be using the small room off of Grace Hall exclusively and no other areas. If you have meetings, ChristCare groups or Bible studies during the following dates, Grace Hall is available as is the ROC after 1PM and the prayer chapel. If you need to reserve a space, please contact Terrie in the office or email t.ashbaugh@ascensiontucson.org and she will find a place for you. Thank you for your flexibility through this time and please remember to vote! The room will be off limits from **August 10- August 27** and again from **October 12 through November 5**.

LUTHERANS FOR LIFE invites you to **Save the Date** for several fall events, benefitting the ministry of the sanctity of life. If you are attending any of these, please let Jennifer Jensen, our leader, know at 870-5554 or my4jensens@msn.com. If we want to carpool or sit with other Ascension guests, we'll know who's where.

October 4 | 6:30pm—Answers for Life presents contemporary Christian music artist and 2006 Dove Award winner, Mark Schultz at the Marriott University Park Hotel, 880 E. 2nd St, as he shares his adoption story. Nominated for numerous Dove Awards, he won his first for the CD/DVD "Mark Schultz Live: A Night of Stories & Songs". Tables of ten are \$400. RSVP: 520-330-7014; banquetreservationsafl@gmail.com; <http://afltucson.com/>

October 11 | 7pm—Hands of Hope presents Stephanie Gray in the TCC Ballroom. Stephanie Gray has given over 800 pro-life presentations worldwide and was a recent presenter for the series "Talks at Google," speaking on abortion at Google headquarter. Author of "Love Unleashes Life: Abortion & the Art of Communicating Truth" as well as "A Physician's Guide to Discussing Abortion", she holds a Bachelor of Arts in Political Science from UBC in Vancouver, and a Certification, with Distinction, in Health Care Ethics, from the NCBC in Philadelphia. She resides in Vancouver, British Columbia, Canada. More information can be found at: <https://www.givehopetucson.com/2018-gala-fundraising-event/>

October 13 | 6pm—Families First's Chuckwagon Roundup; Bubb's Grubb Dinner and Auctions; live and silent auction items. Hundreds of items from gift baskets, crafts, custom jewelry, and gift certificates from restaurants, theatres, railways; gardens, zoos and museums, salons, and much more! Advanced tickets required—\$10 per person. The Chuckwagon Roundup will be at Summer Institute of Linguistics, 16131 N. Vernon Dr., Catalina, AZ 85739 http://familyfirstpcc.org/chuck_wagon_roundup



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